

# **Downhill Rules and Regulations**

## **Requirements of participants**

- 1. Participants may be of any nationality.
- 2. Participants must be fit to compete safely and not advised otherwise by a qualified medical professional.
- 3. Participants must have reasonably good bike handling.
- 4. Each participant may participate in only one category.

5. The Organisers have discretion to place applicants in relevant categories according to their experience levels for a more level playing field.

- 6. Participants must have the following equipment during the Race at all times from start to finish :
  - ▲ One human powered bicycle in good working condition
  - ▲ Wheels with diameter not exceeding 29 inches.
  - ▲ One bike helmet approved by Race Director.

7. From start to finish of the race, participants must secured their number plates with the attachment provide or approved by the Race director at the front of your bike.

- 8. There should be no bending, cutting or modifying of number plates.
- 9. No replacement of number plates will be made available.

Failure to meet the requirements above will be refused by the Race Director or result in immediate disqualification without inquiry.

#### Race Format & Course

1. Participants will have to complete the seeding runs to determine the starting order of the final run. The riders will be ranked according to the fastest time to cross the finish line.

2. Participants are responsible to know the race course that has been posted on the event website. He/She must complete each run within the designated race course. If he/she exits the race course for any reason, he/she must return to the race course at the exact same point from which he/she exited. Due to this is a high-speed event, he/she shall not enter the course until it is clear of other participants.

3. Participant may ride, push or carry his/her bike the entire course.

4. Participant shall be present at the start line during his/her designated start time with his/her bike. Failure to do so will result in he/she not receiving an official classification and timing, and he/she will be deemed not to have started( i.e DNS- Did Not Start)

5. Participants are not allowed to receive any feeding or technical assistance during the race.

6. No support crew members, friends or family members should ride on any portion of the race course during the race. Violation of this rule is grounds for disqualification.

7. For Elite Category riders, you must go through the final obstacle which is the Creek Jump. For those who fail to do so, would be given 30 second penalty.

## Withdrawal

1. If the participant wishes to withdraw prior to the race, he/she will need to inform Race Director or Chief Timekeeper immediately.

2. If the participant wishes to withdraw during the race, he/she will need to inform the nearest marshal and shall inform the Chief Timekeeper upon reaching the finish line.

3. Due to safety reasons, no reverse riding is allowed on the course. He/she shall take a route other than the race course back to the start line so as to not obstruct other participants. If there is no alternative route, he/she shall stay as far as possible out of the way of the other participants who are still continuing the race.

#### Race Etiquette and Cheating

1. Participants shall permit any faster rider to overtake without obstructing. Participants riding bicycles have the right of way over participants pushing bicycles. Participants pushing should stay on the least rideable portion of the path when being passed.

2. Participants who display any of the following negative behaviour would be warned and or be disqualified.

- A Display any unsportsmanlike behaviour;
- ▲ Use offensive or abusive language;
- Act in an threatening or unbecoming manner;
- ▲ Be disrespectful to the officials; and
- ▲ Ignore race regulations.

## **Protest**

1. Participant who wishes to makes a protest must fill and file an official protest form at the Race Secretariat within 15 minutes of crossing the line, accompanied with a SGD 100 deposit. No verbal protest will be entertained.

2. Only upon successful protest would the deposit be refunded.

3. A decision will be made within 30 minutes of the filing of the protest or such time once all supporting evidence is made available to the Race Director. Once decision is made, the decision is final.

4. The Race Director shall have the right to exercise discretion on a case-to-case basis and he/she will be given the final decision regarding any occurrence at the event including those not addressed in these rules.

#### Weather/ catastrophic circumstances

1. In the case of a catastrophic event due to weather or any other extenuating circumstances, the Race Director has the right to make decisions as to whether the race continues due to safety reasons.