



		About the Race		
Quik & Dirty	<b>Details</b>			
What?	Here's your starter to your offroad season, the century race you've been waiting for!			
	In celebration of the first Bicycle and Motorcycle Show in South East Asia, <i>Bike Asia 2008</i> , you get your chance to race SOLO or in a TEAM RELAY against an internationa field of top enduro riders.			
	Champion, 2-time like Tawatchai Ma Nino from the Pl battle in our very Singapore giving f Furthermore, you	k is Endurance Solo Specialist Tinke Olympian and a mountainbiker hall o sae from Thailand (the reigning SEA C hilippines (runner-up for SEA Games 2 own playground with national teams them a run for their money! get to race on a brand new section of gain gets to say the Tampines XC trail	of famer. Regional top riders Games Champion) and <mark>Surban</mark> 2007) will be renewing their from Indonesia, Malaysia and <sup>E</sup> the Tampines Mountain Bike	
When?	12th April 2008, Saturday			
Time?	8am - 5pm			
Where?	Tampines Mountain Bike Park			
Race	Men's SOLO	Individual	10 laps of 10km	
	Women's SOLO	Individual	10 laps of 10km	
categories?	Men's DUO	Team of 2 Men in relay	10 laps of 10km	
	Mixed DUO	Team of 1 Man + 1 Woman in relay	10 laps of 10km	
	Mixed QUAD	<i>Team of 4 in relay</i> (with at least 1 of opposite gender)	10 laps of 10km	
	Kids C Race	10-13yrs	5 laps of approx 0.6km	
	Kids D Race	9yrs and below	2 laps of approx 0.6km	
Lap distance?	Main XC Race - approx 10km per lap Kids Race - approx 1km per lap			
Registration	SOLO event	14 yrs and above	SGD50 per person	
Fees?	DUO event	14 yrs and above	SGD95 per team	
	QUAD event	14 yrs and above	SGD180 per team	
	KIDS event	13 yrs and below	SGD35 per person	
	Late Admin Fee	Registration after deadline	Additional SCD20	
	SOLO event	14 yrs and above	SGD50 per person	



Race Schedu			
Pre-	TIME	WHAT'S HAPPENING	VENUE
Race day Friday 11 <sup>th</sup> April 2008	1700 – 1930 pm	Collection of race kit. Late registration for solo / kids participants.	Tampines Race Secretariat
		Pis collect your goody bag on race day after your race.	
	1700 – 1930 pm	Set up of solo / team tentage (all items in tentage area are left at participant's own risk)	Tampines Pit Stop Tentage Area
	1930 – 2030 pm	Race Briefing and Medical Briefing for all solo / team participants except kids (mandatory)	Tampines Main Tent
Race Day	TIME	WHAT'S HAPPENING	VENUE
Saturday 12 <sup>th</sup> April 2008	0630 – 0715 am	Collection of race kit. Pls collect your goody bag after your race.	Tampines Race Secretariat
		Late registration for solo and kids participants	
		Sign-in for all solo / teams participants	
	0730 am	Arrival of Guest of Honour	
	0745 am	All Men's and Women's solo + first rider of each DUO and QUAD team to report to start line	Startline
	0800 am	START OF RACE – flag off, run approx 200 m, pick up bike, ride, ride, ride!!!	Startline
	0830 am	BMX Racing Demo I	Tampines BMX Track
	1030 am	Briefing for kids C and D races	Kids Course Startline
	1100 am	RACE START : Kids C Race (10 – 13 yrs)	Kids Course Startline
	1130 am	RACE START : Kids d Race (9 and below)	Kids Course Startline
	1200 pm	PRIZE PRESENTATION for Top 5 KIDS C and KIDS D Winners	Podium near Start/Finnish banner
	1230 – 1500 pm	Fun & games (DINO-BIKE + SPEEDEMON)	Kids Course Startline
	1500 pm	BMX Racing Demo II featuring Tinker Juarez	Tampines BMX Track



	1530 – 1700 pm	Fun & games (DINO-BIKE + SPEEDEMON)	Kids Course Startline
	1700 pm	Prize presentation to the best of the DinoMan-Biker, DinoWoman-Biker and DinoKid-Biker!	Podium near Start/Finnish banner
	1700 pm	CUTOFF TIME for all participants	Start / Finish Judging Area
	Signing out	Remember to sign-out once you have completed your 10 laps within the cut- off time. All participants who finish at least 8 laps will receive a finisher medal (and for solo riders who complete 100km within the cut-off time, you get your survivor t-shirt)!	Tampines Race Secretariat
	To be confirmed; approx 2000 pm	All are welcome to be part of the Post Event Makan and Chill Out Session	To be confirmed
Post-	TIME	WHAT'S HAPPENING	VENUE
Race day Sunday 13 <sup>th</sup> April 2008	1300 pm	Announcement of official results. PRIZE PRESENTATION for TOP 5 MEN'S SOLO, AND TOP 3 WOMEN'S SOLO, MEN'S DUO, MIXED DUO AND QUAD WINNERS	Singapore EXPO, Bike Asia, Hall 3
	After the prize presentation	LUCKY DRAW (don't forget to bring your race number tag and your passport / IC) to collect your prize	Singapore EXPO, Bike Asia, Hall 3

## Fun & Games

Those who are coming down to support your family and friends, or participants who are in between laps or have completed their race, we have fun fringe events which may win you a night-stay for 2 at a boutique resort in Batam where you can get some leisure mountain biking mileage into your system!

Dino-Bike	Just \$5 to ride your way to a one-night stay for two at the Nongsa Resorts in Batam (worth \$185)!
	Beat all other riders in your category with the fastest time and win. The catch? Ride the entire course on a GMX without cranks! All participants must be seated throughout the course. No running is allowed.
	Will you be the fastest Dino-Bike-Man, Dino-Woman or Dino-Kid?
	All you have to do is to unleash your dino-might! The fastest time at the end of day (5pm) wins! You must be present to claim your prize.



### SpeeDemon Spin your fastest on a stationary bike and win – as easy as that!

You don't need to be the fastest speedy gonzalez. You simply get on a bike and ride like the wind for 30 seconds, and you could win a one-night stay for two at the Nongsa Resorts in our lucky draw box.

Free and open to all. Only one try per person!

## **BMX Demonstration**

RMC

#### Feat. Tinker Tinker will feature in a series of BMX racing demonstrations on the BMX tracks. On Tinker's website, we catch a glimpse of Tinker's BMX history :-

"In his BMX heyday, Tinker was part of the dominant Mongoose team, and was crowned the original title of "King of the Skateparks." His tough work ethics and rigorous training schedule for BMX provided the perfect crossover to mountain bikes in 86."

So, for those of you aspiring to be our next BMX champ in the 2010 Youth Olympics, this is definitely something not to be missed!

## The Tampines Mountain Bike Trail

Feat. DirTraction and The original Tampines Mountain Bike Track was an approx 3-km long gravel track with slight undulation. It was the flattest beginner mountain biking track and the fastest off-road racing venue Singapore had to offer.

# In 2006, DirTraction worked hand-in-hand with Peter Cheng and RMC Pte Ltd, the contractors at the Tampines trail, to create an additional 4km of off-road trail extension. A man-made, "teletubby-like" knoll was created on top of a flat piece of land, and a winding, multiple- switchback singletrack was carved out of that hill. A short jungle section allowed for some cool relief from the majority open-field course, followed by a long straight dirt track. Plans were underway for the creation of a 4-cross track.

In 2007, DirTraction and RMC got their hands dirty again in the construction of yet another 3 km of off-road trail. A sister knoll was added with more signature short climbs and downslopes, s-curves and long switchbacks that pattern the hill slopes. Certain sections of the mud-thirsty jungle sections are now elevated on northshorestyle platforms, while certain branching grassy paths were created along the gravel track, some parts even skirting around a picturesque pond.

In April 2008, a refreshing new 10-km Tampines mountain bike track was born, although parts are still slightly raw on the edges. With pet names like Horizon Hill, Banana Berm, Ziggurat, Descender, Moonscape Climb, The Ridge, Kidney Stone, Pond Curve, Wooded Wonder-The Shore, Breakwater Flat and Monster Mud Madness, DirTraction can only wish all Bike Asia 100 participants happy thoughts when you're taking on this new challenging 10-km trail!







## Start / Finish / Pit Stop Layout



Race Secretariat : Registration / payment on pre- race day / race day. All participants are required to sign in here on race day, otherwise they will be classified as DNS (Did Not Start). All participants are required to sign out here, otherwise they will be classified as DNF (Did Not Finish).

Start-Finish Redbull Arch vs Start-Finish Judging Area : The race will be flagged off at the Start-Finish Redbull Arch where bikers are required to do an approx 200m run before picking up their bikes at the bike rack which should be placed in the Pit Stop. Each lap timing will be counted at the Start/Finish Judging Area, which is a short distance to the Start/Finish Redbull Arch.

Pit Stop : All participants must dismount upon entering the Pit Stop, and may only mount after leaving the Pit Stop. Participants wishing to continue onto the next lap without stopping, feeding, changing bikes or rider or other assistance may ride through the Express Lane.

Medic Station Rider Recovery Area : The place to go to if you need medical assistance.



	Rule	s and Regulations
must we follow?	1.	<u>Eligibility</u>
	1.1	<u>Nationality and Membership</u> . All Participants may be of any nationality and need not be a member licensed by any cycling federation.
	1.2	<u>Fitness</u> . All Participants must be sufficiently fit physically to compete safely and not advised otherwise by a qualified medical professional.
	1.3	<u>Skills</u> . All Participants must have reasonably good bike handling skills. Mountain bike racing over 100km is not a beginner sport. Although the rules don't state "No beginner level riders" please make a good choice and assess your skills carefully.
	1.4	<u>Refusal</u> . The Race Director reserves the right to refuse entry to any Participant who does not comply with the above eligibility requirements.
	2.	Categories
	2.1	Main XC Categories. Participants may join the following categories in the main cross country race :-
		(a) as an INDIVIDUAL, in the MEN'S SOLO or WOMEN'S SOLO category (each, an "Individual Participant");
		<ul> <li>(b) as a TEAM of two in the MEN'S DUO (i.e. two men) or MIXED DUO category (i.e. 1 man and 1 woman); and</li> </ul>
		<ul> <li>(c) as a TEAM of four in the MIXED QUAD category provided that at least one QUAD Participant must be of the opposite gender.</li> </ul>
		All classes will be an "Open" format I.e. there are no ability or age categories. Please keep this in mind when registering.
	2.2	Kids XC Categories. Participants may join the following categories in the kids cross country race :-
		<ul> <li>(a) Kids C Race (i.e. Participants must be 10 – 13 years old); and</li> <li>(b) Kids D Race (i.e. Participants must be 9 years old and below).</li> </ul>
		Some of the following rules may not apply to the Kids races.
	2.3	One Category. Each Participant may participate in one category only.
	2.4	<u>Maximum and Minimum Number of Teams</u> . There shall be a minimum of 5 Participants for each category to start. There shall also be a maximum of 50 DUO TEAMS and a maximum of 20 QUAD TEAMS. Any category with less than 5 SOLO / TEAM Participants will either not start or will be combined with other categories at the organiser's discretion. The Race Director reserves the right to change the maximum number so as to accommodate the number of Participants on the trail.
	2.5	<u>Team Captain</u> . Each TEAM must designate a TEAM Captain to handle all official matters and represent the team in all official correspondence and communications before, during and after the race including the pre-race meeting, picking up registration kits, making sure all TEAM Participants have completed their appropriate paperwork, etc. Only the TEAM captain may file protests.
	2.6	<u>Change / Substitution of Team Participants</u> . Once registered, TEAMS may not change or substitute the Participants registered for that TEAM. However, the Race Director reserves the right to entertain any request for changes after registration, provided that good reason is furnished.

3. <u>Equipment</u>



- 3.1 <u>Mandatory Equipment</u>. All Participants must have the following equipment during the Race at all times from start to finish :-
  - (a) One human powered bicycle in good working condition.
  - (b) Wheels with diameter not exceeding 29 inches.
  - (c) One bike helmet approved by the Race Director.
- 3.2 <u>One TEAM Rider, One Bike</u>. For each TEAM, only one TEAM Participant and one bicycle shall be allowed on the race course at any one time during the Race.
- 3.3 <u>More than One Bike</u>. Each SOLO Participant and each TEAM may have more than one bike, provided that any change of bikes shall only take place within the designated PIT STOP and the number tag of that TEAM is displayed on the bike which is being ridden at any one time during the Race.
- 3.4 <u>Number Tags</u>. All Participants must comply with the following relating to number plates / tags:-
  - (a) Each Participant while racing must display his/her numberplate and wear his/her race number.
  - (b) Each number plate should be visibly displayed in the front of the bikes during the Race at all times from start to finish.
  - (c) Number plates should be secured to the bike with cable-ties or any other form of attachment provided or approved by the Race Director.
  - (d) Bending, cutting or modifying of the number plates is strictly prohibited.
  - (e) If any cloth number tags are provided, it must be placed on the lower back of the jersey.
     (f) No replacement of number plates will be made available. Any failure to meet the rules
  - (f) No replacement of number plates will be made available. Any failure to meet the rules above will result in immediate disqualification without inquiry.
  - (g) In the event of a bike swap, the Participant must swap the number tag to the new bike prior to continuing with the Race at the designated PIT STOP.
- **3.5** Safety. All Participants must be mindful of the safety aspect of the Race and shall be responsible for their own safety during the Race.

#### 4. <u>Race Course, Number of Laps and Cut-Off Time</u>

- 4.1 <u>Race Course</u>. All Participants must start and complete each lap within the designated race course. If a Participant exits the race course for any reason, he/she must return to the race course at the exact same point from which he/she exited and immediately report to the Race Secretariat.
- 4.2 <u>Number of Laps</u>. All Participants must complete the number of laps assigned to the relevant category. Any SOLO Participant or TEAM Participant who has completed a lap before the cut-off time may go out for one more lap. This lap will be counted. In the event that last completed lap adds up to less than 10 laps, that SOLO Participant or TEAM will be considered a finisher only if he/she/that TEAM has completed at least 8 laps, but the number of incomplete laps shall be deducted from the overall time e.g. if that TEAM has 2 more laps to go, the timing will show 9 hours (2 laps down).
- 4.3 <u>Number of Laps / Timing</u>. It is each SOLO Participant and each TEAM's responsibility to keep track of his/her/their own times, the number of laps and verify what is being written or displayed by race officials. This means making sure your log out name, time, and number tag and plate are written down correctly.
- 4.4 Cut-Off Time. A cut off time of 9 hours will be in place. See Rule 5.11 for more details.
- 4.5 <u>TEAM Participants</u>. The TEAM events are relay events which allow TEAM Participants to take turns to race the race course. TEAM Participants may take turns to complete each lap of the race course, and each TEAM Participant must complete each lap which he/she has started, unless his/her TEAM wishes to withdraw from the race or he/she is unable to complete that lap. See Rules 5.9 and 5.10 for more details.



#### 4.6 <u>Ride, Push, Carry</u>. Each Participant may ride, push or carry his/her bike the entire course.

#### 5. <u>Race Start and Finish</u>

- 5.1 <u>Pre-Race Briefing</u>. All SOLO Participants and TEAM Captains shall attend the pre-race briefing. Any SOLO Participant or TEAM Captain who is unable to attend the pre-race briefing may send someone to attend on his/her behalf. All Participants shall be deemed to have attended the pre-race briefing and read and understood all the rules and regulations. Ignorance of any of these rules (or any changes to these rules communicated to Participants at the Pre-Race Briefing) is not an excuse.
- 5.2 <u>Pre-Race Bike Check</u>. All SOLO Participants and the first Participant of each TEAM shall be responsible for ensuring that their bikes are in good condition and are placed on the bike racks located at the PIT STOP prior to the race start.
- 5.3 <u>Pre-Race Sign-In</u>. There shall be no roll-call prior to the start of the race. All Participants who have registered (whether on the day before race day or on race day itself) are required to sign in at the sign-in queue at least 30 minutes before the designated start time. All SOLO Participants and the first Participant of each TEAM shall be present at the START/FINISH HOLDING AREA at least 15 minutes before the designated start time without their bikes. Failure to sign-in and/or to be present at the START/FINISH HOLDING HOLDING AREA will result in his/her/that TEAM not receiving an official classification and timing, and he/she/that TEAM will be deemed not to have started (i.e. DNS Did Not Start).
- 5.4 <u>Flag-Off Announcements</u>. The following series of announcements will be given prior to each flag off :-
  - (a) 1st announcement 15 minute countdown; (competitors to move to START line);
  - (b) 2nd announcement 10 minute countdown;
  - (c) 3rd and final announcement 5 minute; and
  - (d) subsequently, announcements will be made 3 minutes, 2 minutes, 1 minute, 30 seconds and 15 seconds to flag off. The air horn/whistle/start pistol may sound off at any time after the last 15 second announcement.
- 5.5 <u>Mass Start, Run and Bike Pick-Up</u>. This race will start with a mass start. After the flag off, all SOLO Participants and the first Participant of each TEAM shall run approximately 200 metres (subject to change) to their bikes located at the PIT STOP, and shall only mount their bikes after leaving the PIT STOP area. A time penalty will be imposed if any Participant mounts their bike within the PIT STOP area and that Participant may only mount the bike when the Race Director so directs.
- 5.6 <u>Timing</u>. Each SOLO and TEAM Participant shall complete each lap when he/she crosses the START/FINISH JUDGING area, and NOT the START/FINISH line. The START/FINISH JUDGING area will be a series of narrow chicane allowing only one Participant to cross at any one time before that Participant reaches the START/FINISH line. This is to allow less room for error in timekeeping and allows the rider to continue non-stop to the PIT STOP.
- 5.7 <u>Sign-Out</u>. All SOLO / TEAM Participants who finish the race are immediately required to "sign out" at the RACE SECRETARIAT (and for the TEAM Participants, all members of the TEAM are required to sign out). Failure to do so will result in the SOLO Participant / TEAM not receiving an official classification and timing, and he/she/that TEAM will be deemed to have not finished (i.e. DNF Did Not Finish).
- 5.8 <u>Withdrawal prior to Race start</u>. Any Participant wishing to withdraw from the Race before the Race starts shall immediately inform the Race Director and the Chief Timekeeper.
- 5.9 <u>Withdrawal during Race</u>. Any SOLO / TEAM Participant wishing to withdraw from the Race during the Race shall inform the nearest marshall and shall inform the Chief Timekeeper upon reaching the finish line. For safety reasons, there will be no reverse riding allowed on the course! He/she shall take a route other than the race course (if any) back to the START/FINISH LINE so as not to obstruct other Participants. If there is no alternative route, he/she shall stay as far as possible out of the way of the other Participants who are still continuing the race.



- 5.10 <u>Incomplete Lap</u>. If a TEAM Participant cannot complete his/her lap, the TEAM has the option of starting the lap over with a new TEAM Participant and therefore any portion of a lap ridden will be cancelled. They will, however, lose the distance and time of the incomplete lap. The replacement TEAM Participant must check-in with the PIT STOP official prior to beginning the lap.
- 5.11 <u>Cut-Off Time</u>. The cut-off time for starting the last lap shall be 1700 hrs. A second cut-off time may be implemented by the Race Director for all Participants to complete their last lap after the cut-off time. The Race Director reserves the right to change the cut-off time(s) to allow a more efficient running of the event.
- 5.12 <u>Placement and Finisher</u>. Each SOLO Participant's and TEAM's placing will be determined by the SOLO Participant / TEAM to have completed all 10 laps in the fastest time, after taking into account any adjustment of time as a result of providing assistance or suffering time penalties in accordance with these rules. Each SOLO Participant / TEAM shall be a finisher only if he/she/that TEAM has completed at least 8 laps. See Rule 4.2 for more details.
- 5.13 <u>Winners</u>. Each SOLO Participant / TEAM shall be eligible for a prize only if he/she/that TEAM completes all 10 laps within 9 hours. The organizers reserve the right to award any SOLO Participant / TEAM which has not completed all 10 laps within 9 hours, but which have finished the race (i.e. completed at least 8 laps).

#### 6. PIT STOP , Feeding and Technical Assistance

- 6.1 <u>PIT-STOP</u>. There shall be 2 lanes in the PIT STOP :-
  - (a) <u>PIT-STOP LANE</u> : All Participants are to dismount before entering the designated PIT STOP LANE and shall only mount their bikes after exiting the PIT STOP LANE. A penalty may be imposed by the Race Director if bikes are ridden within the PIT STOP LANE by any Participant.
  - (b) <u>NON-PITTING RACING / EXPRESS LANE</u>: Participants who do not wish to stop at the PIT STOP shall ride through the NON-PITTING RACING lane or EXPRESS lane. All Participants entering the PIT STOP shall not obstruct and shall give way to Participants entering the EXPRESS lane by allowing them clear passage to ride through along that lane.
- 6.2 <u>PIT STOP LANE</u>. The PIT STOP LANE is the only designated area within the Race course where Participants are allowed to do the following :-
  - (a) Be assisted by a feeder/mechanic/teammate who is providing technical or other assistance and feeding.
  - (b) Change of bikes.
  - (c) Change of TEAM Participants.

Any of assistance provided (e.g. feeding) or change of bikes or TEAM Participants within the EXPRESS LANE shall be grounds for immediately disqualification.

- 6.3 <u>Turning Back</u>. SOLO Participants who have passed the PIT STOP may NOT turn back on the Race course to reach the PIT STOP with the exception of any TEAM Participant who cannot complete a lap. See Rule 5.10 for more details.
- 6.4 <u>Assistance outside PIT STOP</u>. Technical assistance and support is allowed OUTSIDE the PIT STOP only by other Participants. However, support crew can only help within the PIT STOP LANE.

#### 7. <u>Support, Tentage and Advertising Material</u>

7.1 <u>Tentage Area</u>. SOLO and TEAM tentage shall only be placed in the designated Tentage Area outside of the PIT STOP LANE area, and shall be on a first-come first-serve basis. No tents are allowed on the race course or in the START/FINISH area.



- 7.2 <u>Advertising Material</u>. Display of any banners or advertising material shall be confined within each individual tentage. Unauthorized distribution of promotional material, paid or unpaid is not allowed.
- 7.3 <u>Support within Tentage Area</u>. Participants may receive support from anyone within the PIT STOP LANE and within their tentage area only.
- 7.4 <u>Support from other parts of Race Course</u>. Participants may bring as many supporters as they would like, however their support is limited to the areas specified above. Supporters may cheer alongside the race Course without causing any obstruction to the Participants, and certain designated areas of the race course are out of bounds to supporters as they may compromise the safety of the Participants.
- 7.5 <u>Riding on Race Course</u>. Only Participants officially entered in the race or riders designated as "Officials" may ride on the race course. No support crew members, friends, or family members may ride on any portion of the race course. Violation of this rule is grounds for disqualification.
- 7.6 <u>Respect Nature</u>. All Participants and their supporters must respect nature and shall not pollute the race course or the course venue.

#### 8. <u>Race Etiquette and Cheating</u>

- 8.1 <u>Sportsmanship</u>. Each Participant must act in a sporting manner at all times and shall permit any faster rider to overtake without obstructing. Participants riding bicycles have the right of way over Participants pushing bicycles. When practical, Participants pushing should stay on the least rideable portion of the path when being passed. Participants should say pleasantly, "Coming on your left" or "Coming on your right" when passing other riders.
- 8.2 Negative Behaviour. Participants must :-
  - (a) not display any unsportsmanlike behavior;
  - (b) not use offensive or abusive language;
  - (c) not act in a threatening or unbecoming manner;
  - (d) not be disrespectful to the officials; and
  - (e) not ignore race regulations.
- 8.3 <u>Warning and Disqualification</u>. Any negative behaviour displayed are grounds for warning and/or disqualification of a SOLO Participant or TEAM.
- 8.4 <u>Short-Cut</u>. Short cutting the Race Course can be grounds for automatic disqualification of the SOLO Participant or the entire TEAM. If a Participant makes a mistake, and he/she reports it to the officials before it is discovered, a time adjustment will be made rather than a DQ.
- 8.5 Injured Rider or Potentially Unsafe Situation. Safety on the Race Course is our primary concern. If any Participant comes across an injured rider or a potentially unsafe situation, that Participant is encouraged to stop and assist. If the Participant stops to give assistance for a health or safety-related reason, that Participant may report his/her race number to the nearest marshall or any passing Participant who should turn it in to the relevant officials at the START/FINISH area or the PIT-STOP. If the assisting Participant is part of a TEAM, the Race Director reserves the right to allow the next rider of that TEAM to begin his/her lap before the assisting Participant completes his/her lap. However, the assisting Participant must still complete his/her lap and report to an official the nature of the assistance he/she provided and the approximate time and duration of his/her assistance stop. He/she will be assigned a lap time in accordance with his/her average lap time, depending on the time of day he/she stops to assist. All decisions regarding time adjustment will be made by the Race Director and will be final. NOTE: This rule applies ONLY to health and safety concerns. It does NOT apply to assistance with mechanical problems or repairs!



#### 9. <u>Protest</u>

- 9.1 <u>Protest</u>. Any Participant wishing to make a protest must fill in and file an official protest form at the RACE SECRETARIAT within 15 minutes of crossing the line, accompanied with a \$\$100 deposit. Only the TEAM Captain shall do the same for any TEAM. Official protest forms are available at the RACE SECRETARIAT. No verbal protest will be entertained.
- 9.2 <u>Deposit</u>. The deposit will be returned if the Participant's protest is successful, and forfeited if the protest is unsuccessful.
- 9.3 <u>Decision</u>. A decision will be made within 30 minutes of the filing of the protest or such later time once all supporting evidence is made available to the Race Director. Once a decision is made, the decision is final.

#### 10. <u>Race Rules</u>

- 10.1 <u>Race Rules</u>. Participants shall abide by these race rules and the Race Director reserves the right to bar any Participant from the race for any infringement of these rules.
- 10.2 <u>Race Director's Discretion and Decision</u>. The Race Director shall have the right to exercise discretion on a case-to-case basis and he/she will be given the final decision regarding any occurrence at the event including those not addressed in these rules.
- 10.3 <u>Weather or other catastrophic circumstances</u>. In the case of a catastrophic event due to weather or any other extenuating circumstances, the Race Director has the right to make decisions as to whether the Race continues, including as a last resort calling the race off as at a certain time with final results being calculated based on each SOLO or Team Participants placement at the call time as determined by his/her/its last completed lap. The first and foremost objective is to keep Participants and spectators reasonably safe while at the event.

#### **Important Medical Notice**

- 1. <u>Medical Condition</u>. Participants who have any known medical condition or allergies should inform the Race Doctor during the medical briefing or before the start of the race.
- 2. <u>Medical Kit</u>. Each SOLO Participant / TEAM is advised to have a medical kit available. While medical assistance will be available and will be provided for emergencies during the race, Participants should be aware that there may be times that medical assistance may not be immediately available. Medical assistance will be available at the Medical Tent for all Participants. An ambulance will also be on standby for any medical emergencies.
- 3. <u>Hydration and Food</u>. Given the open race course and the heat and weather conditions, each Participant should keep themselves sufficiently hydrated before, during and after the race. He/she should also have sufficient race food to last through and complete the race. Prevention and early recognition of heat stroke, hyperthermia, dehydration and hyponatremia is something which will be covered in our medical briefing, so please make an effort to attend.
- 4. <u>Adequate Rest</u>. Remember that this is not an easy race. If you are feeling unwell and need to take a rest or need medical assistance, please do so. Or if you feel your teammate is not feeling well, please encourage him/her to do the same. You may be helping yourself or your teammate to minimize the risk of a more serious injury heading your way. This is, after all, only a race. If you do not complete this one, not to worry. There will be plenty more to look forward to.
- 5. <u>DQ on Medical Grounds</u>. The decision of the Race Doctors or the Race Director to stop a Participant from continuing the race or to disqualify the Participant on medical grounds shall be final and non-disputable.
- 6. <u>Drugs</u>. The use of all drugs or stimulants are strictly prohibited.



#### Prizes and Lucky Draw Lots of cash prizes (SGD 10,000 in all!) and goodies to be won if you are aiming for a Nhat podium finish. goodies do Vinners SGD 2000 + Trophy ake home? SGD 1200 + Trophy Men's SOLO 3rd SGD 1000 + Trophy Men's SOLO 4th SGD 800 + Trophy SGD 500 + Trophy Men's SOLO 5th SGD 2000 + Trophy SGD 1500 + Trophy SGD 1000 + Trophy Trophy + Product Prize Women's SOLO 4th Women's SOLO 5th Trophy + Product Prize Men's DUO Teams 1st - 3rd Trophy + Product Prizes Trophy + Product Prizes 1st - 3rd Trophy + Product Prizes 1st - 3rd Trophy KIDS D Race 1st - 5th Trophy Competitors must complete the full 100km within race limits to receive their prizes. All prizewinners will also get a finisher medal, and solo prizewinners will get a limited edition finisher t-shirt (see below).

What if I'm a All finishers (i.e. all SOLO / TEAM participants who have completed at least 8 laps by the cut-off time), and kids who have finished the number of laps for their race, will be Finisher? crowned with a finisher medal. In addition, all SOLO riders to complete the full 100km within 9 hours will receive a limited edition "I Survived 100km of Wheel Torture" T-shirt! INGLESPEED Alert : A special prize awaits the first SOLO finisher to cross the finish line Riding a on a singlespeed. singlespeed All participants will also get a goody bag with offerings and a free entry ticket What else Bikeasia 2008 Expo", the first international exhibition on bicycle, motorcycle, do I get if I accessories and components in Southeast Asia! sign up? And of course you take home with you the satisfaction of having participated in rst 100 km off-road mount



	More importantly, how many of us get to own bragging rights for <i>having raced with TINKER JUAREZ????</i> That alone is worth taking on the challenge against the world's eliteriders!!!		
ls there more?	" <u>Two simple words "LUCKY DRAW!"</u> All Participants who have registered, paid <u>for</u> the entry fees and <u>are</u> present at the		
	lucky draw will stand a chance to win prizes from the luck of the draw! Don't forget to produce your number tag when collecting your prize!		
	Bike Asia 100 MTB race and fringe event prizes and lucky draw now includes :-		
	yummy bike frames from Commencal, BH Bikes, Ironhorse, Polygon, Giant and Trek		
	☑ bling-my-ride Disk brake set from Hygia		
	<ul> <li>✓ funky hydration bags from The North Face</li> <li>✓ cool saddles from Fi'zi:k and Selle Royal</li> </ul>		
	<ul> <li>✓ Stylish helmets from Giro and Bell</li> </ul>		
	☑ apparel from Sixsixone and Fox Racing		
	<ul> <li>☑ ultra cool eyewear from Uvex</li> <li>☑ ever ready tires from Kenda and Panaracer</li> </ul>		
	<ul> <li>☑ Even ready thes from kenda and Panalacet</li> <li>☑ bike accessories and parts from Minoura, Finishline, Velocity and Topeak</li> </ul>		
	☑ food vouchers from Stewhaus		
	resort packages from Turi Beach Resort to chill out and check out the mountain biking trails in Batam!		
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the sport o	ke to take this opportunity to thank all our sponsors and partners for believing in us and f mountain biking, and most of all, the participants, the volunteers and the DirT fellows d hard to get you these great prizes!		
	e Sponsor : Bike Asia It Energizing Partner : Redbull		
	it Energizing Partner : Redbuil It Neutral Bike Services : TEF Biker Junction		
🗹 Ever	it Venue Sponsor : RMC		
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